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AMENDMENTS TO THE CLAIMS:

1. (currently amended): 1. A method of treating and alleviating human afflictions, ailments and diseases holistically by application of magnetism to a plurality of treating regions of the trunk of a person being treated in such way to bring the body meridian systems into a balance and harmony, the method comprising the steps of:

providing magnet means having at least one north pole surface adapted for application to the plurality of treating regions of the trunk;

designating at least three treating regions of the trunk having a total size of about 1204 square inches, covering about 28"x 43" of a trunk region all the way around trunk, said treating region being divided into at least 3 sub-regions, according to location of organs of conflicted meridians and shape of the trunk;

applying the north pole surface of the magnet to at least one of the plurality of treating regions of the trunk, the magnet having a size of ~~1/8 "x 1/8"~~ to ~~28"x 43"~~ and shape appropriate to cover at least part of one of the treating regions of the trunk; and

maintaining the magnet in contact at 90 degree angle with the at least one of the treating regions of the trunk for a period of 15 to 180 minutes to heal and relieve afflictions, wherein the total flux of the magnetic means applied to the at least one of the treating regions of the trunk being in the range from about 10Φ 30Φ-250, 000Φ.

2. (currently amended): The method of claim 1, further including the step of repeating the application of the magnet means for at least one additional period of time.

3. (Original): The method of claim 1, further comprising repeating the time period for treatment at least once in a 24 hour period in an interval of about 2-10 hours in accordance with treatment progress.

4. (previously amended): The method of claim 1, further including:
applying the magnet means to each region of the plurality of treating regions representing chest part, upper abdominal part and lower abdominal part of the trunk.

5. (currently amended): The method of claim 1, further including applying the magnet means to the plurality of treating regions in the order of chest region and upper abdominal region, abdominal region, or in reverse order.

6. (currently amended): The method of claim 1, further including applying the magnet means first to one selected area of the treating regions of the trunk of the person and

wherein then applying the magnet means then to the other selected area of the treating regions of the trunk of the person.

7. (currently amended): The method of claim 1, further including applying a the magnet means to the at least one of the plurality of treating regions of the trunk of a person.

8. (currently amended): The method of claim 1, further including applying a the magnet means to multiple regions of the trunk of a person concurrently.

9. (currently amended): The method of claim 1, further including applying a the magnet means to all treating regions of the trunk of a person concurrently.

10. (currently amended): The method of claim 1, further including applying the magnets magnet means partially to at least one of the plurality of treating regions of the trunk of a person concurrently.

11. (currently amended): The method of claim 1, further including applying a the magnet means partially to multiple regions of the trunk of a person concurrently.

12. (currently amended): The method of claim 1, further including applying a the magnet means partially to all treating regions of the trunk of a person concurrently.

13. (canceled): The method of claim 32, further including applying the magnets partially to at least one region of the treating regions of the trunk and all treating regions of the neck and head of the person concurrently.

14. (canceled) The method of claim 32, further including applying the magnets partially to all treating regions of the trunk and all treating regions of the neck and head of the person concurrently.

15. (canceled): The method of claim 32, further including applying the magnets to all treating regions of the trunk and all treating regions of the neck and head of the person concurrently.

16. (previously amended): The method of claim 1, wherein the total flux of the magnet applied to each one of the plurality of treating regions of the trunk of the person is substantially equal.

17. (Original): The method of claim 1, wherein the total flux of the magnet applied to each area of the plurality of treating regions of the trunk is substantially equal.

18. (canceled): The method of claim 32, wherein the total flux of the magnet applied to each one of the plurality of treating regions of the trunk, neck and head of the person is substantially equal.

19. (canceled): ~~The method of claim 32, wherein the total flux of the magnet applied to each area of the plurality of treating regions of the trunk, neck and head of the person is substantially equal.~~

20. (currently amended): The method of claim 1, further comprising applying the magnet means to the treating region or regions concurrently by disposing the magnet in horizontal order all the way around the trunk in parallel to a horizontal waist line of the trunk so that all the meridians disposed in the trunk of the body are treated simultaneously and equally in balance for a balanced treatment.

21. (currently amended): The method of claim 1, further comprising applying the magnet means to the treating region or regions concurrently by disposing the magnet or magnets in horizontal order all the way around the trunk in parallel to a horizontal waistline of the trunk so that all the meridians disposed in the trunk of the body are treated simultaneously and equally in balance for a balanced treatment.

22. (previously amended): The method of claim 1, further comprising applying multiple magnets to the treating region or regions concurrently by disposing the magnets evenly, spaced apart, at an equal distance, throughout a region or regions so that all parts of the treating regions of the trunk of a person are treated equally with total magnetic flux for a balanced treatment.

23. (currently amended): The method of claim 1, further comprising applying additional magnets of substantially equal total flux to the treating regions of the trunk of ~~a~~ the person for a balanced treatment.

24. (original): The method of claim 1, further comprising applying the magnet consecutively or at intervals to selected treating regions of the trunk of the person for equal time periods for a balanced treatment.

25. (original): The method of claim 1, further comprising substantially covering the entire plurality of treating regions of the trunk with the north pole surface of the magnet.

26. (original): The method of claim 1, further comprising substantially covering each of the plurality of treating regions of the trunk with the north pole surface of the magnet.

27. (original): The method of claim 1, further comprising partially covering each of the treating regions of the trunk with the north pole surface of the magnet.

28. (currently amended): The method of claim 1, further including maintaining contact of the magnet for a time period sufficient for the person to produce feel a pain mitigation and relief from ailing part of the body.

29. (currently amended): The method of claim 1, further including:
disposing retaining means for holding the magnet to the trunk to provide effective contact of the north pole surface of the magnet with the trunk at 90 degree angle.

30. (original): The method of claim 1, further including:
contacting the magnets directly to the treating regions of the trunk by using a proper band, wrapper or cover with magnets sewn-in or encased in any shape of form appropriate to fit the treating regions of the trunk of a person.

31. (previously amended): The method of claim 1, further including:
a band, wrapper or cover for contact the magnets to the treating regions of the trunk of a person are made with any material that is safe to the trunk and appropriate for fabrication.

32. (previously added): The method of claim 1, further including;
utilizing the magnet means of the trunk together with the magnet means of the neck and head of the person of prior art concurrently.

33. (new): The method of claim 1, further including :
applying the magnet means to the chest part region of the trunk in such way to bring the meridian systems into a balance and harmony for the respective organs of conflicted medridians in chest part of the trunk.

34. (new): The method of claim 1, further including :
applying the magnet means to the upper abdominal part region of the trunk in such way to bring the meridian systems into a balance and harmony for the respective organs of conflicted meridians in upper abdominal part of the trunk.

35. (new): The method of claim 1, further including :
applying the magnet means to the lower abdominal part region of the trunk in such way to bring the meridian systems into a balance and harmony for the respective organs of conflicted meridians in lower abdominal part of the trunk.

36. (new) The method of claim 1, further including:

the use of total flux provides a flexibility of options to select and control healing power, weight, pulling/repelling distance and treatment time period based on type of ailment, meridians involved, size of treatment area or region to apply and treatment progress thereof.

37. (new) The method of claim 1, further including:

the use of total flux provides such options of healing power control and adjustment to meet a real challenge of treating various levels of sickness from a mild to a severe condition.

38. (new) The method of claim 1, further including:

the use of total flux provides to handle all levels of severity of the afflictions and ailments by selection of a desirable effectiveness under all situations of imbalance and disorder of the meridians.